

ALPHA/THETA THOUGHTS

Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

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Alpha Chapter

President: Kay Kurvers
Vice President
 Lynda Siminske
Secretary: Eva Wick-Lerud
Corresponding Secretary:
 Susan Burke
Treasurer: Betty Barker

Theta Chapter

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Recording Secretary:
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Corresponding Secretary:
 Charlene Harris
Treasurer:Lori Johnson,
 Charlene Harris
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 Janice Clarke

March Joint Meeting

Alpha and Theta will have a joint meeting at the South Valleys Library on Monday, March 16 at 4 PM. (Theta members should plan to arrive at 3 PM for set up). This very special program will feature Chautauqua Speakers Betty Rose and Barbara Fleischer, who will represent Dorthea Lange, photographer of the Dust Bowl, and Helen Delich Bentley, the first woman chairperson of the Federal Maritime Commission. Refreshments will be served and you are invited to bring your guests!

February Museum Meetings

Alpha and Theta Chapters met together for a docent tour of the Nevada Museum of Art on February 7. The meetings were will attended with 14 present. Current exhibits include Dorthea Lange’s work “Seeing People Through the Lens of Portraiture” which reveals the character and resilience of those she photographed. Maya Lin’s “Pin River” shows the Tahoe Basin Watershed. Ernesto Nieto’s “Children of the Earth” pays homage to the Amazon rainforest. “Into the Time Horizon” is the newest exhibition which invites us to consider how to move forward on our planet. The docent was delightful and well informed. —Kay Kurvers



Following chapter meetings, the entire group was enthusiastic about the museum docent tour and the lunch following.



Alpha Welcomes New Member



Alpha brought into membership Marfel Kusko, a retired teacher from California. She has already stepped in and taken on the role of webmaster for Alpha Chapter. She and her husband are world travelers and are currently on a ocean voyage to Antarctica. We are thrilled to have her join us.

January Sound Bath Meeting

Lynda Siminske - Story and Photos

The January meeting was held in mid-town at the Yoga Studio. Members were asked to dress comfortably and were furnished chairs or yoga mats and pillows. Blankets were also given for warmth. The instructor explained the process and she had set up different size bowls and small musical instruments to create sound vibrations, which were made with small gongs. The sounds that the bowls made reached different parts of our bodies. For 45 minutes she had us close our eyes, relax and listen the peaceful music. Afterwards she asked us about our experiences and followed this by

explaining to us the certification process to become a sound practitioner. She also informed us that the bowls used for the sound vibrations cost \$1500.

The experience affects every person differently. Some may feel tired afterwards, and others are energized and feel calmer, less stressed.

Following our new experience we went to Great-Full Gardens for a delicious lunch.

